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## Organizations listed serve Gilbert residents in need

Note: Due to the public health situation, many organizations have modified or put volunteer opportunities on hold.

Please check directly with the organization for updates.

### A New Leaf:

Provides housing and support services for individuals & families who are experiencing homelessness, domestic violence, or other crises

https://www.turnanewleaf.org/get-involved/volunteer/

Phone: (480)464-4648 or volunteer@turnanewleaf.org

Ages: Some volunteer opportunities require a Fingerprint Clearance Card and a background check Minimum age of 21 for direct service volunteering or accompanied by an adult.

### • Group Opportunities:

- o Purchase, prepare, and serve a meal
- Complete Indoor or outdoor maintenance
- o Plan holiday or special events
- o Coordinate in-kind donation drives

### • Mission: Community

- Scouting projects (ex. Eagle Scout, Girl Scout, or First Class)
- Faith-based community programs (ex. Missionary volunteering)
- Vocational & Rehabilitation Programs (ex. gain job skills, practice use of adaptive equipment)
- Corporate or private organization partnerships (ex. company-sponsored opportunities)
- Education & Training Institutions (Service Learning)
- o AmeriCorps etc.

#### Individual Volunteer Opportunities

- o Direct Client Services- Reception, Mentor, Coach
- Administrative Support- Data Entry, Clerical, PR, Writing
- Professional Services Project Management, Marketing
- o General Tasks- Courier, Events, Meals, Facilities
- Volunteer Leadership
- Special Projects

### Internships

O Interns can engage in opportunities for academic credit, service learning, program study, capstone projects, and gaining valuable experience. All types of skills are needed

## **Ability 360**

Empowering people with all disabilities

https://ability360.org/volunteer/

Phone: (602) 655-9750

Ages: 18 years or older for peer mentor; 16 years an older for Sports and Fitness Center

#### Opportunities include:

- **Peer Mentor** Peer Mentors are trained volunteers who work with individuals to help them achieve their independent living goals. Become a Peer Mentor
- **Sports & Fitness Center-**Volunteers assist members and staff in order to provide the most optimal experience for participation and independence. Volunteer at the Sports & Fitness Center

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### **About Care**

Empowering independent living for Gilbert, Chandler, and Queen Creek residents, especially those who are elderly & physically challenged

https://aboutcare.org/volunteer/

Phone: (480) 802-2331

Ages: Applications accepted from high school students and up and a background check is required for all Volunteers

Volunteers provide services free of charge to help our neighbors meet basic needs, reduce isolation, and remain independent in their homes.

#### Services include:

- Transportation to medical appointments, shopping and errands
- o Friendly visits
- o Reassurance phone calls
- Minor home repairs

- o Business Help
- Respite for caregivers
- Case Management
- Senior Community Wellness

## **Advocacy 31nine**

Advocate for the educational success of children impacted by foster care in Arizona. Advocacy31Nine – Advocacy For Children In Foster Care

Phone: (480) 757-4100

## Aid to Adoption of Special Kids (AASK)

Focuses on finding relationships for children in the AZ foster care system to ensure every child has someone who cares.

http://www.aask-az.org/mentoring

Phone: (602) 930-4900

Ages: Must be 19 and out of high school for at least one year to volunteer

Volunteers with the AASK mentoring program are matched with children and youth from two age groups, based on their personal interests and mentoring skills.

- Younger children (ages 9-15) Become extended family for the child, joining them in fun activities, helping with homework or just being there when they need to talk.
- Older youth (ages 16-21) Build a relationship with that youth, helping them develop essential life skills as they transition into adulthood.
- Provides a mentoring program focused on recruiting, training, and supporting volunteers who build lasting relationships with youth in foster care.

### Alzheimer's Association

Provide education and support to all those facing Alzheimer's and other dementias including those living with the disease, caregivers, health care professionals and families.

Desert Southwest Chapter (alz.org)

Phone: 800-272-3900

Areas needed for volunteers include:

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- Advocate
- Community Educators
- Community Representatives
- Community Volunteer Leaders
- Early Stage Social Engagement Leaders
- Special Events
- Support Group Facilitators

## **Aster Aging**

Empowering and supporting East Valley older adults and their families to remain independent and engaged in our communities.

Aster Aging, Inc.: Help Us: Volunteer (asteraz.org)

Phone: (480) 964-9014

Ages: Family Friendly opportunities

### **Group Volunteer Opportunities available**

 We work with groups and service clubs of adults, teens and children under 12 to create meaningful volunteer projects.

#### Individual

- Meals on Wheels-Spend a weekday morning delivering nutritious meals and smiles to seniors
- In-Home Support-Provide companionship and rides to the doctor, grocery store and more
- Center-Based Services-Teach a class, share a hobby, help with activities, serve lunch and more

### **AZCEND**

Offers services such as food boxes, senior nutrition & activities, rent & utility assistance, homeless services, case management, and family programming.

Volunteer - AZCEND

Phone: (480) 963-1423 X102 or volunteer@azcend.org or val@azcend.org

Ages: Adult and youth volunteers (at least 5 years of age or above). Volunteers 5 to 14 years old must be accompanied by an adult; court-ordered community service volunteers are accepted on a case by case basis

Volunteers assist in a variety of programs including the **Family Resource Center, Community Action Program, Food Bank, Senior Centers, and I-HELP.** Bilingual abilities are a bonus.

- Volunteer activities for individuals, groups and families include:
  - Home Delivered Meal Drivers Deliver meals to seniors living in Gilbert, Chandler and Sun Lakes.
  - Food Bank support Sort and bag donated food items, fill carts with various items, load food into clients' vehicles, curbside style.
  - Data Entry positions Enter information into databases or spreadsheets.
  - Handy Person Help with small maintenance projects such as replacing light bulbs and air filters and minor repairs.
  - Food Drives Host a food drive in your neighborhood, business, or organization.
  - o **Diaper Drives** Donate diapers or collect diapers via your neighborhood, business, or organization.
  - Cards for Seniors Make encouraging cards/pictures for seniors who receive meals any number from 1 to 300 cards will bring smiles to those that are staying close to home.
  - Operation Santa Adopt-a-Family Help make a holiday wish come true for a child by providing new toys, program begins every November.

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### **Best Buddies**

Provides one-to-one friendship, integrated employment, and leadership development opportunities to people with intellectual and developmental disabilities (IDD).

https://www.bestbuddies.org/arizona

Phone: (602)253-6463

Ages: Jr. High, High School students and adults

Program focuses on one-to-one friendship program between people with and without IDD, offering social mentoring while improving the quality of life and level of inclusion.

- Join an event planning committee- Friendship Walk / Spirit of Friendship and Champion of the Year Gala
- Participate or volunteer at a fundraising event or programmatic event
- Sponsor an event
- Make a general donation

## **Big Brothers Big Sisters**

Provides mentoring opportunities to youth ages 6-18

<u>Volunteer - Big Brothers Big Sisters of Central Arizona - Youth Mentoring (bbbsaz.org)</u>

Phone: (602) 799-0634 Ages: 18 years or older

### **General Opportunities:**

- Give the gift of friendship a few hours each month with activities such as playing a board game, making fun crafts, or hitting the playground together.
- Donations also accepted to help fund the careful one-to-one matching and ongoing professional mentoring support unique to Big Brothers Big Sisters.

## **Boost a Foster Family**

Meets the needs of low-income kinship families applying for foster care licensure.

http://boostafosterfamily.org/

Phone: (480) 298-5665 Ages: Family friendly

### **General Opportunities:**

- Donate Items or Gift cards in any amount (Amazon, Walmart, Target, Petco, Home Depot) Items: Smoke/Carbon Monoxide Alarm, 2A10BC Type Fire Extinguisher, Locking tool box (any size), Magnetic Cabinet Safety Locks, non-slip tub mats, pad locks of any size.
- Create a "Welcome to Foster Care" kit (we will show you how!)
- Start a Drive Conduct a drive for a certain item such as smoke alarms or coin drive. Simply fill out your contact information at the following link. <a href="http://boostafosterfamily.org/index/start-a-drive/">http://boostafosterfamily.org/index/start-a-drive/</a>
- Sponsor a bunk bed for a foster family by donating \$125.00
- Purchase and decorate plastic lockable tool boxes for families to use to lock up medications.

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## **Boys & Girls Club-Gilbert Branch**

BGCAZ offers affordable, award-winning out-of-school-time, and summer programs for youth in grades K-12 that provide unique experiences in the arts, physical fitness, character development, leadership training, along with proven educational programs, and academic support.

Volunteer Boys & Girls Clubs of the Valley

Gilbert Branch Phone: (480)813-2020 or 602.954.8182 E. donna.martin@bgcaz.org Ages: 13 years and up (high school students preferred as youngest age – varies by location)

- Club Volunteer Opportunities: Homework Hero, Sports Coach, Sports League Volunteer, Club Activity Specialist (program areas may include Arts, Games Room, Computer lab, Education Center), and other opportunities as needed. Small group opportunities may also be available depending on group size and time of year. Club Volunteer opportunities are available Mon Friday during club hours, with some Saturdays for sports programs.
- **Event Volunteers**: Opportunities to support local branch activities, and BGCAZ fund raising events. These opportunities are perfect for volunteers with limited time and busy schedules. Weekend opportunities available.

### Catholic Charities/ My Sister's Place:

Provide services and opportunities to struggling individuals, suffering from homelessness, domestic violence, and sex trafficking. They provide support for foster care, veterans, refugees, affordable housing services, youth development programs and head start.

Volunteer (catholiccharitiesaz.org)

Phone: (602) 285-1999 or volunteerinfo@cc-az.org

Ages: Adults

- Volunteer opportunities vary from day to day needs, some serves include: Housing community volunteer, Peer Assistance and Leadership, After School Program Assistant and many more!
- Monetary donations as well as clothes and furniture are accepted
- Donation drives and fundraising opportunities

## **CeCe's Hope Center**

Improve the lives and future of 18-24 year old female victims of sexual abuse and exploitation by bridging the gap in available services and support.

GET INVOLVED | CeCe's Hope Center (cecescenter.org)

Phone: (480) 625-7044

- **Mentorship** Drive the girls to job interviews, doctor appointments etc. Help with resumes, job search, and college classes, celebrate their success with them.
- **Engage Community** Host an event, connect CeCe's with local community, raise awareness, and share information on social media platforms.
- **Donate** -variety of gift cards, bus passes, laptops, clothing, hygiene items, and quillow blankets.

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## **Central Arizona Shelter Services: (CASS)**

Provides shelter and supportive services to homeless men, women & children

https://www.cassaz.org/ Phone: (602) 256-6945

Ages: 18 an older at downtown shelter; 16 and older at family shelter

CASS offers many rewarding, creative and exciting group volunteer opportunities on-site at our shelters. Groups can organize several off-site and on-site projects that directly benefit the homeless or help CASS to build its capacity. The opportunities are endless and only limited by your creativity!

- Organize a donation drive or fundraiser to help raise items from organization Wish Lists.
- Education is power. Teach enrichment and life skills classes such as music, arts, parenting, wellness, budgeting, interviewing, etc.
- Help to clean and maintain our facilities.
- Sorting and taking inventory of donations in our Vista Colina Emergency Family Shelter Clothing/Food Bank and Downtown Shelter Donation Center.
- Prepare and clean apartments for families who are entering our program for the first time at Vista Colina.
- Donate financially

### Child Crisis Arizona

Works to prevent and intervene in child abuse and neglect as well as provide quality early childhood education.

http://childcrisisaz.org/how-you-can-help/volunteer/

Phone: (480) 834-9424

Ages: Individual volunteers in specific programs must be 18 years old or older; younger volunteers are welcome too!

There are a variety of volunteer opportunities for individuals and groups. We welcome your help in service to vulnerable children, youth, and families.

#### Group Opportunities:

 Provide support at one of the many Family Activity Night's or other events we provide throughout the year.

#### Individual Long Term Opportunities:

- o Inventory and stock donated items provided free to children, youth and families in need.
- Become a Classroom Aide in our Early Head Start or Preschool program
- Link Child Crisis Arizona to your Amazon or Fry's Reward account
- o Donate your Arizona Foster Care Tax Credit. Check to see if your employer will match your donation.
- o Be a volunteer ambassador for one of our upcoming fundraising events
- Create a Facebook fundraiser for Child Crisis Arizona

#### • Donation Drives:

- New items needed for seasonal and ongoing needs.
- Organize a donation drive at your employer or community of faith. Donations are particularly needed for Back to School, Fall holidays, Winter holidays, seasonal transition.

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## **Chrysalis**

Provides housing for victims of domestic abuse and support services including counseling, job development, etc.

https://noabuse.org/get-involved/volunteer

Phone: (602)955-9059 or volunteer@noabuse.org

Ages: 18 years or older (Does not accept court-ordered community service hours)

#### Individuals can volunteer:

- Clerical Reception
- Maintenance volunteer
- Community Outreach

#### Group projects can include:

- Landscaping
- Painting and cleaning apartments

- Kitchen
- Special Events
- Donation pick-up delivery
- Holiday activities
- Other projects as needed

## **Clothes Cabin-One Small Step:**

Provides free clothing, household linens, shoes, and work boots to people in need. http://clothescabin.org/

Phone (480) 285-4111

Ages:

- **Processing Clothes** Donated clothes must be examined, sorted, steamed, hung, and stored. Restocking the racks and baskets in the shopping area. The commitment is 3 or 4 hours a week. \* Monday and Thursday 10am to 2pm, Tuesday and Wednesday 9am to 12pm, 12pm to 3pm, Thursday 6pm-9pm
- Client Services Our clients need help registering and selecting clothes. Volunteers use their computer skills to collect client data and service statistics; another volunteer acts as a store associate to help clients with clothes, bagging their selections, and retrieving linens upon request. Knowing Spanish is a big asset! The commitment is 3 or 4 hours a week. \*Tuesday and Wednesday 9am to 12pm, 12pm to 3pm, Thursday 6pm to 8pm
- **Boutique Sales** Friends Resale Boutique uses volunteers to price, prepare, and display items for sale. In the boutique, volunteers help customers and ring the sales. All proceeds benefit Clothes Cabin. The commitment is 3 to 4 hours a week. \* Monday-Saturday 10 am -2 pm
- Computer and Office Support Volunteers can help with data entry, filing, and basic administrative tasks.
- **Special Projects** Help with activities such as fundraisers, event management, marketing, seasonal sorting, and large donation processing.

## **Dignity Health Foundation**

To support Dignity Health healthcare facilities and programs in the Southeast Valley through philanthropy.

Phone: (480) 728-3931

 Support current fundraisers including capital projects, equipment, new medical technologies, improved patient services and medical education, enhanced research, or community health programs, and services for children, women, and senior citizens in our community.

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### **Dress for Success**

The mission of Dress for Success is to empower women to achieve economic independence by providing a network of support, professional attire, and the development tools to help women thrive in work and in life.

<u>Get Involved | Dress for Success Phoenix</u>

Phone: 9602) 489-7397 x103

#### Opportunities:

- **Donate Clothes** Gently used, nearly new professional attire. High need of sizes 0, 2, 4, 14, 16, 18, Plus Size Clothing and Junior Clothing! Also need of closed toe pumps and flats, and scrubs without any logos.
- Volunteer- help suit clients, help with the career counseling and general services.
- **Donation Drives** collect new or nearly-new suits, other business-appropriate apparel, shoes or even accessories like handbags and unused cosmetics or jewelry.
- Events-Support, participate or help organize events

### Eve's Place

Supporting any victim of domestic, sexual and teen dating abuse by increasing access to services through mobile advocacy.

https://www.evesplace.org/get-involved#VolunteeratEves

Phone: (623)537-5380 or info@evesplace.org

Ages:

There is always a need for volunteers to participate in this organization either physically or virtually.

- Support group facilitators
- Assisting at fundraiser events
- Child Care
- Assistance with picking up Starbucks donations
- Donations
  - Food: Mac & Cheese, Ready Bake meals, Fresh or Frozen Fruit and Vegetables, Pastas, Rice, Cereal,
     Cheese, Beans (pinto, great northern, etc.), Chef Boyardee, Milk.
  - o Household items: Paper towels, toilet paper, laundry soup, cleaning supplies.
  - Gift Cards: Gas Cards, movie theater (field trips), Fast Food (any denomination), Walmart (any denomination)
- Volunteer Clubs
  - Sewing club to make cloth totes
  - Cookers Clubs to make casseroles/ pre-made frozen meals.

## **Friends of the Needy**

Assisting the less fortunate in our community who have difficulty making ends meet and providing multiple services based on the results of a taken assessment.

Friends of the Needy Ministry | St. Anne (stanneaz.org)

Phone: (480) 507-4400

Ages:

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- **Volunteer** Shifts available Monday thru Saturday from 9am-12pm. Must be able to life 30+ lbs. and be up to date with safe environment training.
- **Donate** Financial contributions, gift cards for grocery stores, canned goods and other nonperishable items, as well as baby needs (diapers, clothes, toys, etc.).

### **Gilbert Parks and Recreation Foundation**

A foundation that connects resources to community parks and recreation needs.

Gilbert Parks and Recreation Foundation - GPRF Field Sponsorship Opportunities

Phone: (480) 503-6234 or <a href="mailto:gilbertprfoundation@gmail.com">gilbertprfoundation@gmail.com</a>

Become a friend of the foundation through membership or attend an event

### **HD South**

Celebrates the past, inspires unity of all people, and cultivates life-enriching collaboration. Volunteer Opportunities in Gilbert | HD SOUTH

Phone: (480)-926-1577

Ages: 21 or older

### **General Volunteer Opportunities:**

- Front desk volunteers-two 4 hr shifts per month
- Office Volunteers
- Collections volunteers
- Quilters

- Program volunteers
- Event Volunteers
- Maintenance Volunteers

## **Hope for Addiction**

Walk alongside, equip and care for those who struggle with addiction to transition after substance treatment. Provide a safe long-term home for single moms and their kids at Freedom House.

## **Volunteer - Hope for Addiction: There is hope**

Phone: (480)782-0403 Ages: Varies per activity

- Landscaping and Yard Maintenance -maintain a safe play area for kids at Freedom House
- Teach life skills: budgeting, cooking, cleaning, etc.
- Share a skill or hobby: plan a night or weekend and teach others what you love to do.
- Help at an event: there are lots of events happening and we always need people to help.
- Take advantage of the dollar-for-dollar AZ Tax Credit: https://www.hopeforaddiction.com/az-tax-credit.html
- Register your Fry's VIP Card: and invite a friend to do the same. Register your rewards card and choose Hope for Addiction #GI700 under Community Rewards. <a href="https://www.frysfood.com/">https://www.frysfood.com/</a>
- Be a mentor and friend: You will be trained and given all the tools you need

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## **House of Refuge**

Transitional Housing Program with supportive services for families experiencing homelessness Volunteer – House of Refuge

Phone: (480) 988-9242 X15 Ages: At least 15 years old.

Volunteer opportunities at House of Refuge are of a wide variety & draw from a great range of skill sets & experiences. We always strive to match volunteers interests with current opportunities on campus.

**Individual volunteers**- required to possess a fingerprint clearance card & volunteer for a minimum of two shifts per month, committing to at least a six-month term.

Opportunities include:

- Serving youth through after school programming & mentoring.
- Assisting residents with resume writing, job searching, interview preparedness, & computer related tasks in our Employment & Education Center.
- Working alongside our Maintenance with groundskeeping including but not limited to cleaning/painting homes, general repairs & landscaping.
- Through our Donation Center, greeting donors, unloading, processing, organizing, & storing donations.
- Raising community awareness & fundraising through our Outreach group
- Helping within other departments as opportunities arise such as finance, administration. & marketing.

**Group volunteers** -can serve in a variety of ways to provide support to the agency & in turn the families that call our neighborhood their home.

- Whether you're part of a church, business, or philanthropic organization, our Community Outreach Coordinator can help plan a group project that will benefit the residents in our community.
- Some organizations will organize group projects as part of a team building exercise or corporate-wide "day of volunteering."
- Projects can be a one-time event or an ongoing, regular project in our community.
- We also welcome all Boy Scouts and Girl Scouts troops for community projects, Eagle Scout projects and Bronze, Silver & Gold award projects.

## **Hushabye Nursery**

Embracing substance exposed babies and their caregivers with compassionate, evidence-based care that changes the course of their entire lives.

<u>Volunteer | Hushabye Nursery</u>

Phone: (480) 628-7500

Ages: Must be 21 years old, have a valid fingerprint card and pass a background screening

• Volunteers serve in an "Infant Cuddler" role at Hushabye Nursery. Providing contact and interaction to babies experiencing NAS through soothing techniques including rocking, swaying, singing, and swaddling.

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## Jewish Family & Children's Service

Strengthens the community by providing behavioral health, healthcare and social services to all ages, faiths, and backgrounds. We offer a safe space to be attentive, compassionate, and provide confidential care.

IFCS Volunteering | Greater Phoenix Volunteer Opportunities (ifcsaz.org)

Phone: (602) 567-883 or <a href="mailto:lisa.blumstein@jfcsaz.org">lisa.blumstein@jfcsaz.org</a>

Ages: Adult, Teen and Group volunteers are welcome to help serve at JFCS though

- Ambassadors
- Organizational Support
- Special Events
- Food Pantry

- Professional Leadership development
- Youth programs support
- Senior Program Support

## **Iunior Achievement**

Empowering youth people to own their own economic success <a href="https://www.jaaz.org/volunteer/">https://www.jaaz.org/volunteer/</a>

### Ages:

- **Volunteer teacher** -Program is taught by volunteer mentors from local businesses and the community. Training, lessons and materials needed are provided to volunteers.
- **Finance Park** Volunteers assist 5th and 6th grade students with operating a child-sized economy in a work day simulation. Training will be provided for first-time volunteers. Time commitment is approximately 8:30AM-1:30PM. This is an in-person opportunity at our Tempe office
- Administrative- complete administrative tasks at the JA office or virtually.

## **Matthew's Crossing Food Bank**

Provides food assistance including backpacks for youth and food closets at public schools <a href="http://www.matthewscrossing.org/volunteer">http://www.matthewscrossing.org/volunteer</a>

Phone: (480)857-2296

Ages: Age requirement for independent activities is 18. Children 12 and over can volunteer with an adult. Spanish speaking volunteers needed for all shifts.

Opportunities for Individuals and groups (less than 20).

- Emergency Food Box Program Shifts are available on Monday, Tuesday, Thursday and Fridays 9:00 AM 11:00 AM
- Meals to Grow Backpack Program-Wednesdays shifts from 9:00 AM 11:00 AM

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## **Mercy Housing (Southwest)**

Provide affordable housing and supportive services for low income families, seniors, and people with special need. (Manage Page Commons in Gilbert)

Volunteer | Mercy Housing

Ages: 18 and older

- **PROPERTY PROJECTS** Get your hands dirty while keeping our properties vibrant! Past projects have included landscaping, cleaning, community gardening, and other beautification projects.
- **SHARE YOUR SKILLS** The Resident Services staff works hard to ensure that residents become financially stable, maintain housing, excel in school, value their health, and actively participate in the community. You can help by teaching a class, tutoring a child, instructing in a computer lab, or sharing your expertise in another way.
- **EVENTS** Help our residents celebrate! You can host community meals, holiday gatherings, birthday parties, or other festive events. You could also lead a food drive, school supplies fundraiser, or help purchase holiday gifts.

### **Midwest Food Bank**

Gathers and distributes food donations to non-profits and disaster sites without cost to recipients

Arizona - Midwest Food Bank Phone: 480-892-0134

Ages: Family friend for all ages

### **On-site Opportunities include:**

- Repackaging bulk foods into manageable quantities for distribution
- Labeling bags or cans
- Preparing disaster relief boxes and/or 'snack pack' kits
- Supporting local distribution to pantries
- Volunteer drivers with a CDL license
- Donations time, goods or monetary

## **Mission of Mercy**

Free primary healthcare services, prescription medications and lab testing to uninsured and underinsured individuals and families.

https://www.amissionofmercy.org/arizona/volunteer/

Phone: (602)861-2233 or ssimones@amissionofmercy.org

Ages: 18 and over

- Medical RV Driver-Driver for our Medical RV. Duties include picking up the RV from the Franciscan Renewal
  Center and driving the RV to our Mesa Clinic. At the end of the day, the RV is to be returned to the place of
  pickup. Valid driver license and MVD record check required.
- Office Assistants-Administrative duties may include: data entry of volunteer registration information, making phone calls, mailing out information, filing, compiling organizational packets/resources, etc.
- Photographer-Volunteer Photographers are needed to take photos at MOM events and at the clinic sites.
- Community Outreach Events-Volunteers are needed who can attend community Health Fairs to represent Mission of Mercy by creating community awareness of our services and clinic sites. Verbal engagement with the public is required and training is provided. Being bilingual is preferred.

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- **Nurse Volunteers** Nurses needed to work in collaboration with the clinic physicians to see patients and to provide care. Duties would include obtaining vital signs, patient health history, basic laboratory procedures, and patient education.
- Spanish English Interpreter- Help with communication between medical and clinical staff and patients.
- **Champions Program Volunteer** Raise awareness about the Mission of Mercy by informing local residents, businesses, and the community about the services and resources the organization provides.
- Clinic set up- Able to assist with set up from 5:30-6:30AM at various sites, able to lift 30lbs, available 4+ hours per week, and able to fill in as a driver of RV as needed.

### **Open Arms Care Center**

Provides supplemental food and clothing to those in need

<u>Volunteer — Open Arms Care Center (openarmscc.com)</u>

Phone: (480)539-0175 Ages: 15 years or older

- Food or Clothing Drives-volunteer to organize a food or clothing drive; provide hunger relief help
- On-Site-volunteer your time to assist in sorting donations, stocking shelves, filling orders, unloading trailers, organizing clothes racks, and hauling donated items.

### notMYkid Inc.

Provides children and families with lifesaving programs, support, resources, and education. To empower and educate youth, families, and communities with the knowledge and courage to identify and prevent negative youth behavior.

volunteer | notMYkid® Phone: (602) 652-0163

### **Positive Paths**

Provides educational attainment support, mentoring, professional development opportunities, and other support services to women in need in the East Valley.

Donate - Positive paths (positive pathsaz.org)

Phone: (480) 788-0615 or info@positivepaths.org

Ages: 18 and older

### Volunteer Opportunities:

- **Time** Volunteer by sponsoring a workshop, help us with our programming and events, help us fundraise and establish community partnerships and connections, help us with program administration, serve on a committee, and more.
- **Talent** Share your talents and professional expertise with the Positive Paths community! Be a mentor and/or sponsor a mentoring experience.
- **Treasure**-Did you know that only 1.6% of American's charitable giving goes to non-profit organizations that help women and girls? We need your support to continue helping our women. Thank you for your generosity!

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## **Raising Special Kids**

Improve the lives of children with a full range of disabilities by providing support, training, information and individual assistance so families can become effective advocates for their children.

<u>Volunteer - - Raising Special Kids</u>

Phone: (800) 237-3007 Ages: 18 and older

- Parent Leaders- Help support new parents to acquire essential skills to becoming effective advocates for their children.
- Committee Member- Lead the organization to build stronger families.
- Event/ Fundraising Planning and Assistance- Raise money and help plan important activities.
- Language Interpreters/Translators- Volunteers needed who can translate documents from English to Spanish, Vietnamese, Navajo, Hopi, and ASL.
- Office Help- Prepare mailing and educational materials, organize social media applications, and lend a hand with daily office tasks.
- Professional Services- Offer your skills/hobbies to help the organization: Graphic Designer, photographer, videographer, etc.
- Public Speaking, Advocacy, and Promotion-Spread the word about our events and community activities.

## Rebuilding Together Valley of the Sun

Repairing homes, revitalizing communities, and rebuilding lives.

https://www.rtvos.org/copy-of-our-story

Phone: (480) 774-0237

Ages:

- Skilled Trade Professional Volunteers- Providing materials and technical experience to our rebuilding efforts.
- Service Volunteers-Assisting in cleaning, painting, landscaping, moving furniture and appliances, etc.
- Large Group Volunteers: community revitalization efforts and home repairs
- Small Group Volunteers: build and install wheelchair access ramps
- Individual Volunteer Teams: install in-home fall prevention devices
- **Support Volunteers:** Provide support and hospitality, as well as other professional services such as photography, IT services, legal services, including other additional outreach services.
- Donate: Monetary donations, building materials, durable in-home medical equipment

## **Salvation Army**

Its mission is to preach the gospel of Jesus Christ and to meet human needs in His name without discrimination.

<u>Volunteer Opportunities - The Salvation Army USA Western Territory</u>

Phone: 1-800-728-7825

Ages: Family friendly opportunities

Donate- Clothing, furniture, time or money

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- **Christmas/Thanksgiving volunteer opportunities** Toy distribution to families, Kettle/Bell ringing, gift wrapping, Angel Tree registration, prepare, serve, and/or deliver holiday meals.
- Youth Opportunities- Lead and/or support fitness/recreational activities, and tutor/mentor youth in our After School program(s).
- Other opportunities- Advisory Board/Council support, Food pantry help, guest speaking, participate in senior meal program, and volunteer with the Family Services department.

## Save the Family

Equips families to address poverty, overcome homelessness and achieve self-sufficiency.

http://savethefamily.org/get-involved/volunteer/

Phone: (480) 898-0228 x201 or volunteer@savethefamily.org

Ages: Family Friendly opportunities

### **Group Opportunities:**

- Welcome Home Paint and Clean Projects With over 190 housing units across the East Valley volunteers assist
  in cleaning and painting homes to help prepare units quickly. Save the Family will provide all supplies, including
  bottled water. Projects can be completed within 3 to 4 hours when a group of 6 to 8 volunteers participate. We
  schedule group projects Monday through Friday during agency business hours. Paint and clean group projects
  can be scheduled up to a year in advance.
- **Donations Assistant** Help with inventory, stocking, and organizing donations.
- Birthday Bags Make this birthday the best yet with birthday bag supplies for the children in our programs.
- **Donation Drives** Organize a donation drive for personal hygiene, household cleaning, or nonperishable food items.
- **Holiday Sponsorship** Assist in providing holiday meals and gifts for families who would otherwise be unable to celebrate the season. For more information contact our Holiday Sponsorship volunteers at 480-898-0228 ext. 217 or holidays@savethefamily.org

## **Shoebox Ministry**

Help working poor and homeless men, women & families by providing personal hygiene kits Volunteer Opportunities - Shoebox Ministry

Ages: Family Friendly

- Collection Drive -Shoebox Ministry is always in need of toiletries. We gladly accept full-size, travel or hotel-sized items. Our most needed items are deodorant, toothpaste, feminine products and disposable razors.
- Other Drives to Support
  - Sock Drive
  - Make and pack hygiene, Vanity kits or mini kits
  - Mother's Day (purses, cosmetics)
  - Summer Toiletry Drive

### United Food Bank

Provides supplemental and emergency food to those in need

Volunteer - United Food Bank

Phone: (480)926-4897 or info@unitedfoodbank.org

Ages: Children ages 5 to 15 can volunteer to build food bags/sort food when accompanied by an adult. Ages 16-17 can volunteer independently with a signed waiver by a parent or guardian.

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Opportunities can be one-time or on-going.

- Sorting and boxing food donations
- Building emergency food bags
- Serving families at our food distributions
- Host a food drive
- Become a fundraiser

## **Weekly Collective LLC:**

Organize charity drives, educational meetings, and a variety of community events benefiting local organizations and individuals of all ages seeking physical, mental, spiritual, and financial wellness. <a href="https://weeklycollective.com">https://weeklycollective.com</a>

Phone: (480) 223-7863 Ages: Family Friendly

#### Charity drives include:

- Food Drive for Seniors
- Christmas Toy Drive
- Back-to-School Shoe Drive
- Halloween Costumes for Kids
- Socks, underwear, and hygiene products for the Homeless

## **Winged Hope**

Focus on preventing and healing family violence with direct victims' services, by renovating and starting new Family Advocacy Centers, and by providing training around the state. <a href="http://www.wingedhope.org/">http://www.wingedhope.org/</a>

### OTHER VOLUNTEER RESOURCES:

Gilbert's Community Resource Guide

Brief listing of organizations and providers that are available to residents. This guide is intended to
connect residents in need of services with resources near Gilbert. This guide can also be used to
research organizations that may be in need of volunteers.
https://www.gilbertaz.gov/residents/community-resources

#### **Town Volunteer**

The Town of Gilbert has a number of opportunities for volunteer work. Listed are current opportunities
where you can help out and make things happen. Our volunteer motto is GIVE ("Gilbert Invites
Volunteerism Everywhere"). <a href="https://www.gilbertaz.gov/residents/volunteer">https://www.gilbertaz.gov/residents/volunteer</a>

### Other Community Volunteer Opportunities

- Just Serve: <u>www.justserve.org</u>
- Chamber for Good: www.chamberforgood.com
- Volunteer Match: www.volunteermatch.org
- All For Good: www.allforgood.org
- Do Something: www.dosomething.org